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PERFECT MEDICAL HEALTH MANAGEMENT LIMITED 完美醫療健康管理有限公司

(incorporated in the Cayman Islands with limited liability) (Stock Code: 1830)

GRANT OF SHARE OPTIONS

This announcement is made pursuant to Rule 17.06A of the Rules Governing the Listing of Securities on the Exchange (the "Listing Rules").

The board (the "**Board**") of directors (the "**Director**(**s**)") of Perfect Medical Health Management Limited (the "**Company**") is pleased to announce that on 8 July 2021, the Company has granted 986,000 share options (the "**Share Options**") to eligible employees of the Company (the "**Grantees**"), subject to acceptance of the Grantees, under the share option scheme adopted by the Company on 6 January 2012 (the "**Scheme**"), to subscribe for a total of 986,000 new ordinary shares of HK\$0.1 each (the "**Share**(**s**)") in the share capital of the Company, which represent approximately 0.08% of all Shares issued as at the date of this announcement. Details of the Share Options granted are as follows:

Date of grant	:	8 July 2021 (the "Date of Grant")
Exercise price of the Share Options granted	:	HK\$10.140 per Share, which represents the highest of: (i) closing price per Share as stated in the Exchange's daily quotation sheets on 8 July 2021, being the Date of Grant; (ii) the average closing price of HK\$9.742 per Share as stated in the Exchange's daily quotation sheets for the five (5) business days immediately preceding the Date of Grant; and (iii) the nominal value of the Share

Number of the Share Options granted	:	986,000
Closing price of the Shares on the Date of Grant	:	HK\$10.140 per Share
Vesting period of the Share Options	:	The 986,000 Share Options shall be exercisable immediately on the Date of Grant
Validity period of the Share Options granted	:	Three (3) years from the Date of Grant

A total of 986,000 Share Options were granted to the Grantees, details of which are as follows:

Grantees	Position/Relationship		Number of Share Options granted
Au-Yeung Wai	Executive Director and substantial shareholder of the Company		493,000
Au-Yeung Hung	Executive Director and substantial shareholder of the Company		493,000
		Total:	986,000

The grant of Share Options to the above Grantees has been approved by all independent non-executive Directors in accordance with Rule 17.04(1) of the Listing Rules.

By order of the Board Perfect Medical Health Management Limited So Hin Lung

Company Secretary

Hong Kong, 8 July 2021

As at the date of this announcement, the Board comprises Dr. Au-Yeung Kong, Ms. Au-Yeung Wai, and Ms. Au-Yeung Hung as executive Directors and Ms. Hsu Wai Man, Helen, Mr. Chi Chi Hung, Kenneth and Ms. Cho Yi Ping as independent non-executive Directors.