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**BetterLife Holding Limited**  
**百得利控股有限公司**

*(Incorporated in the Cayman Islands with limited liability)*

**(Stock Code: 6909)**

**SUSPENSION OF TRADING**

Reference is made to the announcements of BetterLife Holding Limited dated 24 August 2023 and 29 August 2023 in relation to the delay in publication of the 2023 Interim Results. Unless otherwise defined herein, terms defined in the announcement dated 24 August 2023 shall have the same meanings when used in this announcement.

At the request of the Company, trading in the shares of the Company was suspended with effect from 9:00 a.m. on 1 September 2023 pending the publication of the 2023 Interim Results by the Company.

By Order of the Board  
**BetterLife Holding Limited**  
**Chau Kwok Keung**  
*Company Secretary*

Hong Kong, 4 September 2023

*As at the date of this announcement, the executive Directors are Mr. Chou Patrick Hsiao-Po, Ms. Sun Jing, Mr. Xu Tao and Mr. Chau Kwok Keung, and the independent non-executive Directors are Mr. Liu Dengqing, Mr. Wong Ka Kit and Mr. Yau Ka Chi.*

*This announcement is available for viewing on the Company's website at [www.blchina.com](http://www.blchina.com) and the website of The Stock Exchange of Hong Kong Limited at [www.hkexnews.hk](http://www.hkexnews.hk).*